

R 27629
16/6/19

चौधरी चरण सिंह विश्वविद्यालय, मेरठ

Ch. Charan Singh University, Meerut



पत्रांक : सम्बद्धता/ 1453
दिनांक :- 16-6-2019

शीर्ष प्राथमिकता

सेवा में,

01. समस्त विभागाध्यक्ष/निदेशक/सम्बन्धक,
चौ० चरण सिंह विश्वविद्यालय परिसर,
मेरठ।

02. प्राचार्य/प्राचार्या/निदेशक,
सम्बद्ध समस्त महाविद्यालय/संस्थान
चौ० चरण सिंह विश्वविद्यालय,
मेरठ।

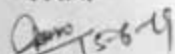
विषय:- दिनांक 21.06.2019 को इन्टरनेशनल डे योगा आयोजित करने के सम्बन्ध में।

महोदय/महोदया,

उपर्युक्त विषयक संयुक्त सचिव, आयुष मंत्रालय, नई दिल्ली के संलग्न पत्र दिनांक 22.04.2019 का सन्दर्भ ग्रहण करने का कष्ट करें, जोकि दिनांक 21.06.2019 को इन्टरनेशनल डे योगा आयोजित किये जाने के सम्बन्ध में है।

उक्त के सम्बन्ध में निर्देशित किया जाता है कि संयुक्त सचिव, आयुष मंत्रालय, नई दिल्ली के पत्र दिनांक 22.04.2019 के आलोक में आवश्यक कार्यवाही कराया जाना सुनिश्चित करें।
संलग्नक: यथोपरि।

भवदीय,


कुलसचिव

प्रतिलिपि:-

01. विशेष सचिव, उच्च शिक्षा विभाग, उत्तर प्रदेश शासन, लखनऊ।
02. संयुक्त सचिव, आयुष मंत्रालय, आयुष भवन बी०ब्लॉक, जी०पी०ओ० कॉम्प्लेक्स, आई०एन०ए० नई दिल्ली-110023।
03. वैयक्तिक सहायक कुलपति को मा० कुलपति जी के अवलोकनार्थ प्रेषित।
04. वैयक्तिक सहायक प्रति कुलपति को प्रतिकुलपति जी के संज्ञानार्थ प्रेषित।
05. वैयक्तिक सहायक कुलसचिव को कुलसचिव जी के संज्ञानार्थ प्रेषित।
06. डा० राजीव कुमार गुप्ता, क्षेत्रीय उच्च शिक्षा अधिकारी, माधवपुरम, मेरठ को संज्ञानार्थ प्रेषित।

सहा० कुलसचिव (सम्बद्धता)

रंजीत कुमार
Ranjit Kumar
आयुष मंत्रालय
Secretary

200/17/830
201/5/19



भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए., नई दिल्ली-110023
GOVERNMENT OF INDIA
MINISTRY OF AYUSH
AYUSH BHAWAN, B-BLOCK, GPO COMPLEX
INA, NEW DELHI-110023

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नॉट
देखावत

D.O. No. M-16011/08/2019-YN

22nd April, 2019

I am happy to inform that the Ministry of AYUSH has taken up the preparations for the observation of 5th International Day of Yoga (IDY) on 21st June, 2019. As you would agree, the onus of taking the momentum that was created by International Days of Yoga celebrated in 2015, 2016, 2017 & 2018 forward, with greater and active participation of public during the current year's celebrations, lies not just on the Ministry of AYUSH, but on all stake holders.

Greater emphasis will be given this year i.e. 2019 on the role of Universities in involving their students and staff including those from all the affiliated colleges in all activities as a part of the IDY- 2019 observations. Your esteemed Ministry is requested to issue necessary guidelines to all institutions including the affiliated colleges to organize Yoga workshops and relative activities for their students and staff. Yoga Programs may be held in colleges to promote Yoga among students and invoke the sentiment of National Pride in spreading Yoga to the rest of the world. Students could also be encouraged to adopt Yoga as a part of campus activities to encourage physical well-being.

The focus of activity on IDY 2019, on as in previous years, would be on group demonstrations based on Common Yoga Protocol (CYP). As you are aware, CYP consists of 45 minute sequence of relatively simple yoga drills put together as a protocol by some of the renowned yoga experts in country. It is designed to provide maximum physical and intellectual benefits to the maximum number of people. Details of CYP are available for free download in video and e-book formats at <http://ayush.gov.in>. Qualified Yoga trainers would be able to provide complete CYP to students over 15 one-hour sessions, which can ideally be spread over 15 days.

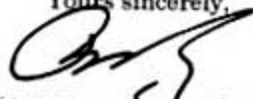
You are requested to consider issuing advisories to all concerned to expose students and other potential participants of IDY to CYP well in advance.

During IDY 2019 observations, there would be summer vacations in most of the colleges. University may, therefore, advise all the affiliated colleges to facilitate successful conduct of International Day of Yoga observations by teachers and students on 21st June, 2019 by keeping the essential facilities at colleges open during that period.

5. The Ministry of AYUSH would be keen to hear about the steps taken by your university in this regard.

With kind regards,

Yours sincerely,



(P.N. Ranjit Kumar)

Prof N K Taneja
Vice Chancellor
Chaudhary Charan Singh University
Meerut 250 004 (UP)